

# Tell Us How You Feel

## 4-H Livestock Judging Contest



I have been in 4-H for:

- ? 1 – 2 years      ? 3 – 4 years      ? 5 years      ? over 5 years  
 ? don't know      ? it's my first time

Check the box that expresses your feelings

Has participating in 4-H Livestock Judging Contest helped you:

	Yes Always	Usually	Not Often	No Never
properly compare and evaluate livestock animals				
accept opinions different from mine				
carefully listen and follow instructions				
think about your choices before making a decision				
plan, organize, and defend your decisions through sound reasoning				
value the contribution of others				
think about what you have learned and how to apply it in future projects				
to know the importance of ethics, "doing the right thing"				
gain confidence in expressing yourself to others				
recognize that practice and proper preparation is important				
to recognize the value of being a team member				
learn what to look for in choosing quality project animals				
to work independently of team members				
improve your "eye" for selecting quality animals				
to develop leadership skills as a result of your involvement				
to increase your confidence in front of a group				
to be better prepared for your future				
to increase your knowledge and intellect				
to set goals and then work to achieve them				
to make and meet new friends and associates				
to set and/or maintain high values				
to want to recommend 4-H to others				

Before your 4-H Livestock Judging experience, how comfortable were you in front of a group?

- ? Not at all comfortable      ? A little bit      ? Usually      ? Always

After your 4-H Livestock Judging experience, how comfortable are you in front of a group?

- ? Not at all comfortable      ? A little bit      ? Usually      ? Always

Are you a:      ? Male      ? Female

I am \_\_\_ years old:      ? 9      ? 10      ? 11      ? 12      ? 13      ? 14      ? 15      ? 16      ? 17      ? 18+

I would describe myself as:      ? Native American      ? Asian American      ? African American  
    ? White/Caucasian      ? Hispanic      ? Racially mixed

**Thank you!**  
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